



## Schedule

Start on time.

5 min Inicial Prayer and Introduction.

30 min Movie

10min Analysis of the movie

15min Heart Activity

Closing Prayer



# Initial Prayer

## Prayer to Holy Spirit

By Cardinal Verdier

O Holy Spirit, Love of the Father and the Son,  
always inspire in me what I must think,  
what I must say, how I must say it,  
what I must refrain from saying,  
what I must write, how I must act,  
what I must do for your own glory,  
for the good of souls and for my own  
sanctification.

O Jesus, all my trust is placed in you





These 9 weeks of preparation for the **Consecration to Mary** have allowed us to learn about different clues needed to find the **Great Treasure** with the guidance of the Virgin Mary.

The practice of faith, prayer, sacrifice, coming to know Jesus through reading the Bible, attending Mass, going to confession, and receiving the Eucharist are essential for walking toward Jesus.

Now you will watch a video showing how the Virgin of Fatima appeared to 3 little shepherds and She explains the **importance of consecrating yourself to her Heart.**



# VIDEO OF FATIMA

# What did we learn about the Virgin of Fatima?



What does the Virgin of Fatima ask of the 3 little shepherds?

1.- Prayer ( Pray daily)

2.- Make sacrifices for poor sinners

3.- Consecrate your heart to Mary

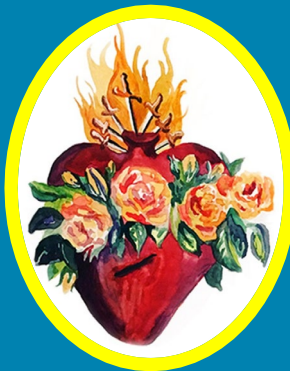




**Should I pray only for myself?  
The Virgin wants us to pray for someone  
in particular**

**Why make sacrifices? For myself, or  
to achieve the common good?**

**Do you believe your prayers can bring  
peace to the world?**



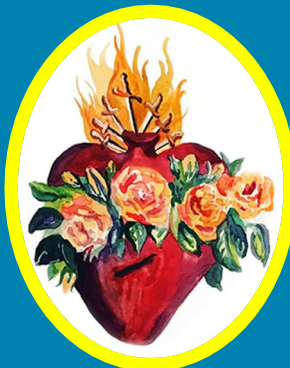


What happens when  
you consecrate your heart  
to Mary?

When you consecrate, you say “YES” to Mary, giving yourself to Her in order to grow closer to Jesus

She helps you:

- 1.- Grow in your faith
- 2.- Make better decisions
- 3.- Never feel alone
- 4.- Grow in virtue and holiness
- 5.- She intercedes for you to God
- 6.- She support you in difficult moments



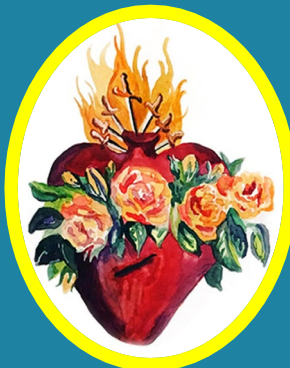


Consecration is a commitment to the Virgin Mary. It is also making a promise from your heart, telling her:

1.- I want to give you my heart, so that you may make it like yours.

2.- I promise to strive every day, to do good and not give up, even when it is difficult .

3.- Help me to be a saint and to follow Jesus all the days of my life .



# INSTRUCTIONS

1.- **Open the Heart** made with construction paper and write completing How is the Heart that you are going to consecrate to Virgin Mary.

Describe your heart, writing about:

Your talents.

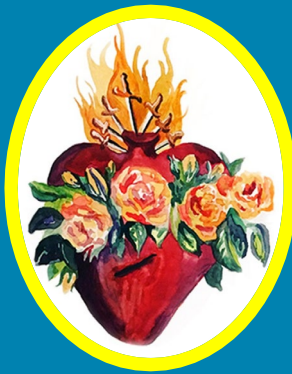
Your Weaknesses

Your good Works

Things that you want to change.

2.-Identify with your name

3.-Keep the heart with you as a memory or bring to Consecration Mass as offering.



# Heart Activity



Virgen María

Te consagro/  
I consecrate:

Mis cualidades / talents

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Mis buenas obras /  
My good works

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---

Mis planes/ My plans

---

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---

Mis defectos /  
weakness

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Lo que quiero cambiar/  
Things I want to Change

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Mis preocupaciones/  
My worries

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*Totus Tuus  
Mariae*



# Heart Activity

Virgen Maria  
te consagro :

## MIS CUALIDADES / TALENTS



- Mi sonrisa 😊
- Mi paciencia
- Mi fe en Dios
- Mi Creatividad.
- Mi energia.
- Mi optimismo.

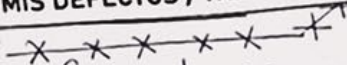
## MIS BUENAS OBRAS GOOD WORKS



- Me gusta ayudar
- Compartir.
- Enseñar
- Perdonar
- Rezar.



## MIS DEFECTOS / WEAKNESSES.



- Soy indecisa
- Inconforme
- Despistada.
- Rencorosa.

## COSAS QUE QUIERO CAMBIAR / THINGS THAT I WANT TO CHANGE

- Ser más ordenada
- Orar más en el día
- No pelear con mi hermano
- Obedecer más
- Mostrar más amor



# PERSONALITY ADJECTIVES & CHARACTER TRAITS

adaptable  
adventurous  
affectionate  
approachable  
artistic  
attentive  
bold  
brave  
bright  
calm

careful  
cautious  
charismatic  
charming  
cheerful  
clever  
compassionate  
confident  
conscientious  
considerate

cooperative  
courageous  
courteous  
creative  
curious  
decisive  
dedicated  
delightful  
dependable  
determined

diligent  
diplomatic  
disciplined  
discreet  
dynamic  
easy-going  
efficient  
energetic  
enthusiastic  
faithful

fearless  
flexible  
focused  
forgiving  
friendly  
funny  
generous  
gentle  
genuine  
hard-working

helpful  
honest  
humble  
imaginative  
intelligent  
intuitive  
kind  
lively  
loving  
loyal

mature  
modest  
motivated  
nice  
observant  
open-minded  
optimistic  
passionate  
patient  
peaceful

perceptive  
persistent  
playful  
polite  
positive  
practical  
proactive  
prudent  
punctual  
rational

realistic  
relaxed  
reliable  
resilient  
resourceful  
respectful  
responsible  
romantic  
sensible  
sincere

sociable  
straightforward  
supportive  
thoughtful  
tolerant  
trusting  
trustworthy  
unassuming  
understanding  
versatile

## + Positive Adjectives

### Describe yourself in three words



# NEGATIVE PERSONALITY ADJECTIVES

aggressive  
angry  
apathetic  
aimless  
aloof  
amoral  
annoying  
argumentative  
arrogant  
bewildered  
big-headed  
blunt  
bossy  
clingy  
clumsy  
conceited  
crafty  
crude  
cynical  
defeated

discourteous  
disobedient  
disloyal  
embarrassed  
fanatical  
fanciful  
fawning  
fickle  
fierce  
frivolous  
goody-goody  
grumpy  
helpless  
indecisive  
impulsive  
jealous  
killjoy  
know-it-all  
lazy  
materialistic

mysterious  
nervous  
obnoxious  
offensive  
panicky  
picky  
pitiful  
repulsive  
rude  
scary  
smarty-pants  
smart aleck  
spoilsport  
tactless  
thoughtless  
unpleasant  
uptight  
wise guy  
worried



When the Virgin Mary sees you, she looks at you with love, longing for the moment when you tell her: Mother I am all yours, I belong to you, form me as you did with Jesus, prepare me to go to Heaven.

When you consecrate yourself, you give your heart to Mary and She gives you Her Immaculate Heart. When you give her your heart with absolute abandon, she will open up to you, Her heart.

You will know what her love for Jesus is like, you will feel how She feels and you will let Jesus rest in your heart.

*Totus Tuus  
Mariae*



Pray the Hail Mary to close the retreat.

Invite all to the Consecration Mass  
Sunday May 17 2026 at 4:00pm

