

Schedule

Start on time.

5 min Inicial Prayer and Introduction.

30 min Movie

10min Analysis of the movie

15min Heart Activity

Closing Prayer





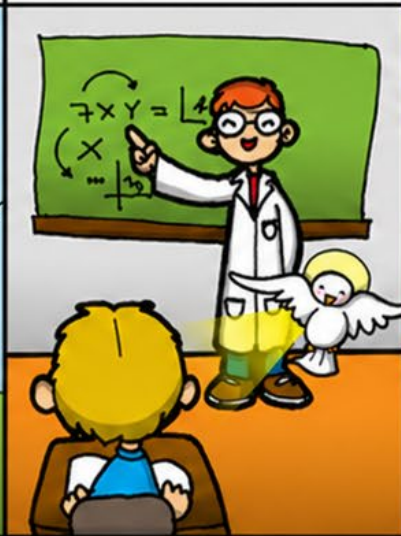
**PRAYER
TO THE HOLY SPIRIT**
BY CARDINAL VERDIER

Oh Holy Spirit,
love of the Father
and of the Son,

inspire me always
in what I should think,

what I should say,
how I should say it,

how I should act,
what I should do,



for the glory of God,
the good of souls
and my own sanctification.

Holy Spirit, give me
wisdom to understand,

ability to retain,
method and skill
in learning,

subtlety to interpret,
grace and effectiveness
in speaking.

Give me accuracy
in starting,
direction in progress,
and perfection in
completion. Amen.



These 9 weeks of preparation for the **Consecration to Mary** have allowed us to learn about different clues needed to find the **Great Treasure** with the guidance of the Virgin Mary.

The practice of faith, prayer, sacrifice, coming to know Jesus through reading the Bible, attending Mass, going to confession, and receiving the Eucharist are essential for walking toward Jesus.

Now you will watch a video showing how the Virgin of Fatima appeared to 3 little shepherds and She explains the **importance of consecrating yourself to her Heart.**



VIDEO OF FATIMA

What did we learn about the Virgin of Fatima?



What does the Virgin of Fatima ask of the 3 little shepherds?

1.- Prayer (Pray daily)

2.- Make sacrifices for poor sinners

3.- Consecrate your heart to Mary





**Should I pray only for myself?
The Virgin wants us to pray for someone
in particular**

**Why make sacrifices? For myself, or
to achieve the common good?**

**Do you believe your prayers can bring
peace to the world?**



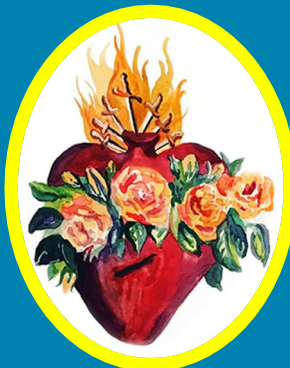


What happens when
you consecrate your heart
to Mary?

When you consecrate, you say “YES” to Mary, giving yourself to Her in order to grow closer to Jesus

She helps you:

- 1.- Grow in your faith
- 2.- Make better decisions
- 3.- Never feel alone
- 4.- Grow in virtue and holiness
- 5.- She intercedes for you to God
- 6.- She support you in difficult moments

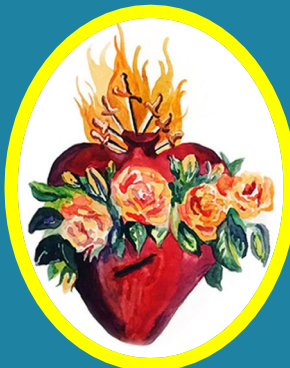


MOTHER OF HEAVEN,
TAKE MY HEART,
HELP ME TO BECOME
LIKE YOU



Consecration is a commitment to the Virgin Mary. It is also making a promise from your heart, telling her:

- 1.- I want to give you my heart, so that you may make it like yours.
- 2.- I promise to strive every day, to do good and not give up, even when it is difficult .
- 3.- Help me to be a saint and to follow Jesus all the days of my life .





Heart Activity



INSTRUCTIONS

1.- **Open the Heart** made with construction paper and write completing How is the Heart that you are going to consecrate to Virgin Mary.

Describe your heart, writing about:

Your talents.

Your Weaknesses

Your good Works

Things that you want to change.

2.-Identify with your name

3.-Keep the heart with you as a memory or bring to Consecration Mass as offering.



Heart Activity



Virgen María

Te consagro/
I consecrate:

Mis cualidades / talents

Mis buenas obras /
My good works

Mis planes/ My plans

Mis defectos /
weakness

Lo que quiero cambiar/
Things I want to Change

Mis preocupaciones/
My worries

*Totus Tuus
Mariae*



Heart Activity

Virgen Maria
te consagro :

MIS CUALIDADES / TALENTS



- Mi sonrisa 😊
- Mi paciencia
- Mi fe en Dios
- Mi Creatividad.
- Mi energia.
- Mi optimismo.

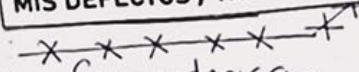
MIS BUENAS OBRAS GOOD WORKS



- Me gusta ayudar
- Compartir.
- Enseñar
- Perdonar
- Rezar.



MIS DEFECTOS / WEAKNESSES.



- Soy indecisa
- Inconforme
- Despistada.
- Rencorosa.

COSAS QUE QUIERO CAMBIAR / THINGS THAT I WANT TO CHANGE

- Ser más ordenada
- Orar más en el día
- No pelear con mi hermano
- Obedecer más
- Mostrar más amor



PERSONALITY ADJECTIVES & CHARACTER TRAITS

adaptable
adventurous
affectionate
approachable
artistic
attentive
bold
brave
bright
calm

careful
cautious
charismatic
charming
cheerful
clever
compassionate
confident
conscientious
considerate

cooperative
courageous
courteous
creative
curious
decisive
dedicated
delightful
dependable
determined

diligent
diplomatic
disciplined
discreet
dynamic
easy-going
efficient
energetic
enthusiastic
faithful

fearless
flexible
focused
forgiving
friendly
funny
generous
gentle
genuine
hard-working

helpful
honest
humble
imaginative
intelligent
intuitive
kind
lively
loving
loyal

mature
modest
motivated
nice
observant
open-minded
optimistic
passionate
patient
peaceful

perceptive
persistent
playful
polite
positive
practical
proactive
prudent
punctual
rational

realistic
relaxed
reliable
resilient
resourceful
respectful
responsible
romantic
sensible
sincere

sociable
straightforward
supportive
thoughtful
tolerant
trusting
trustworthy
unassuming
understanding
versatile

+ Positive Adjectives

Describe yourself in three words



NEGATIVE PERSONALITY ADJECTIVES

aggressive
angry
apathetic
aimless
aloof
amoral
annoying
argumentative
arrogant
bewildered
big-headed
blunt
bossy
clingy
clumsy
conceited
crafty
crude
cynical
defeated

discourteous
disobedient
disloyal
embarrassed
fanatical
fanciful
fawning
fickle
fierce
frivolous
goody-goody
grumpy
helpless
indecisive
impulsive
jealous
killjoy
know-it-all
lazy
materialistic

mysterious
nervous
obnoxious
offensive
panicky
picky
pitiful
repulsive
rude
scary
smarty-pants
smart aleck
spoilsport
tactless
thoughtless
unpleasant
uptight
wise guy
worried

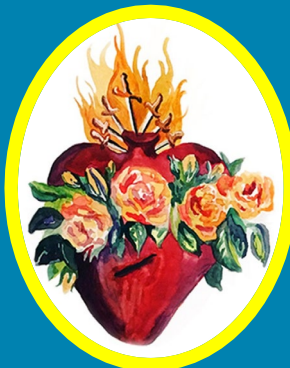


When the Virgin Mary sees you, she looks at you with love, longing for the moment when you tell her: Mother I am all yours, I belong to you, form me as you did with Jesus, prepare me to go to Heaven.

When you consecrate yourself, you give your heart to Mary and She gives you Her Immaculate Heart. When you give her your heart with absolute abandon, she will open up to you, Her heart.

You will know what her love for Jesus is like, you will feel how She feels and you will let Jesus rest in your heart.

*Totus Tuus
Mariae*





Pray the Hail Mary to close the retreat.

Invite all to the Consecration Mass
Sunday May 17 2026 at 4:00pm

