

# First Communion

## Final Exam Study Guide



**The Holy Eucharist:** Refer to page 11 in your Blue Handbook

- The Eucharist is Jesus truly present: **Body, Blood, Soul, and Divinity.**
- **Before consecration:**
  - Host = bread
  - Cup = wine
- **After consecration:**
  - Host = Body of Jesus
  - Cup = Blood of Jesus
- It still looks like bread and wine, but it is really Jesus.

**When does this happen?**

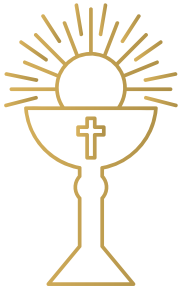
- At **Mass during the consecration.**

**How to Receive Holy Communion:**

1. Be in a **state of grace**
2. Have gone to **confession** (if needed)
3. **Believe** in Jesus in the Eucharist
4. **Fast for 1 hour** before receiving

**Important:**

- If someone has a **mortal sin**, they must go to **confession first.**



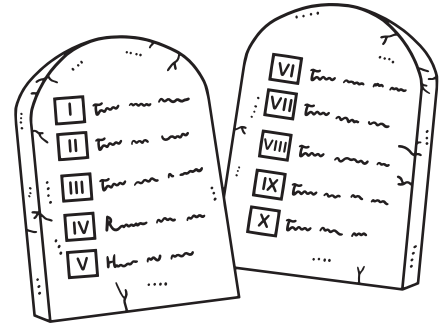
# First Communion

## Final Exam Study Guide



### The Ten Commandments

1. Put God first
2. Do not take God's name in vain
3. Keep Sunday holy
4. Honor your parents
5. Do not kill
6. Do not commit adultery
7. Do not steal
8. Do not lie
9. Do not covet your neighbor's spouse
10. Do not covet your neighbor's things

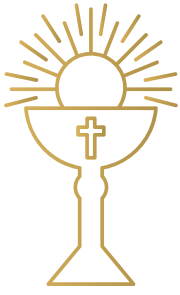


### The 7 Sacraments

1. Baptism - Welcomes us into God's family
2. Reconciliation (Confession) - Forgives sins
3. Eucharist (Holy Communion) - Receive Jesus
4. Confirmation - Strengthens us with the Holy Spirit
5. Marriage - Union of husband and wife
6. Holy Orders - Becoming a priest or deacon
7. Anointing of the Sick - Healing and strength for the sick

### Parts of the Mass

1. Liturgy of the Word
2. Liturgy of the Eucharist



# First Communion

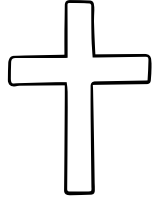
## Final Exam Study Guide



### Prayers to Know

#### **Sign of the Cross**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.



#### **Our Father**

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

#### **Hail Mary**

Hail Mary, full of grace,  
the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

#### **Glory Be**

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.